

Tyrah Delos Reyes

Coach Niko

Senior Seminar

11 November 2020

Proper Education about Teen Pregnancy

As a student in High School teaching this topic would be good for all Teens in general. I care for every Teen in my school and out of school. The choices that they make in life will reflect on themselves. Even having sexual intercourse with their spouse. It is important for Teens to realize the choice they are making when it comes to having sex because one small little mistake can change your life forever. And for me teaching/sharing about this topic will hopefully give the Teens to think wisely about the choice of having sexual intercourse with their spouse. Education of pregnancy prevention, including contraceptives, are more effective than abstinence only education.

In this paper I will discuss researched facts as evidence to support my claim. I will share my personal experience. And 2 credible sources.

Coming from the experience of having a kid in High-School it was not fun or even easy at all. My body changed, attitude mostly every morning, I was getting more tired than usual, and just gaining more weight. During my pregnancy, I had a rough pregnancy and the baby's father was just giving me a really hard time. There would be days where I just broke down because I had so much on my plate and I couldn't handle things on my own. But everyday I would have to be strong for my son and keep doing me. That's the best option I can do as of right now whatever

plans out plans out. And, for me I have always told myself in Intermediate that, “I would never be pregnant in High-School”, look at me now. I guarantee you that every Teen girl and boy has said that in their life. Sometimes you should watch what you say because you may not know it could happen.

For me to share my experience about having a kid at a young age hoping that can change people’s perspective about the choices they make in life. You know, I want every Teen in High-School to enjoy it while they can, make memories with friends, go to parties and do all those fun things because once you become a mother at a young age. It takes that privilege away from you. It’s hard you have to balance motherhood, school, and probably a job too all at the same time.

For my first source, it talks about the federal government investing over 175 million dollars in “abstinence only until marriage”. Isn’t that crazy of how much money that is that the federal government is investing because the government supports abstinence only. That’s why sex education programs delay us teens from having sexual intercourse. But tell you the truth sex education for Teens it’s like funny, stupid, and weird. And some teens yes they wait until marriage and some teens don’t wait until marriage. You know, the teens that don’t wait until marriage it is a 50% chance they can catch HIV or STIS. I’ll say in my opinion that sex education is like helping teens that who is planning on having sex. Teenagers having sexual intercourse it puts us at risk because we can get infection or pregnant.

According to my second source, by the age of 22 roughly of 50% the girls got their GED certificate. About 10% of teen mothers complete a four-year college or two-year college that isn’t so bad for teen mothers to complete high school and to complete two-year college or a four-year college. I give the teen mothers props for sticking with school. I know it’s not easy but

for sure it feels great to do something big in your life and child's life. Children who is born from teen moms goes through problems like for an example:

- Higher risk for low birth weight
- Unemployed as young adult
- Behavioral problems
- Dropout of high school
- Growing in a single-parent family

Although teens have their opinion about having sex or being pregnant. I think teenagers should receive proper education on pregnancy prevention and the long and short term effects of teen pregnancy because it gives teens to think about their choices more carefully when they have sexual intercourse or being pregnant. Even though it may be weird for teens to talk about this subject to parents, Doctors, and teachers. It's just the safety that everyone cares about for teens.